**İzmir Instıtute of Technology**

 **Department of Culture Courses**

**SPRT201 Tennis I**

**20xx-20xx Güz/Bahar Dönemi**

**Syllabus**

 **Instructor : Öğr. Gör. Hakim ÖZGÜR**

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**Office Hours : Thursday 10:30 – 11:00**

**Course Definition:**

The purpose of the course is to give the techniques of tennis starting from the simplest improving to harder, and from pieces to total step by step.

**Cours Objectives:**

**1.** Explaining the history of Tennis sport

**2**. Explaining the rules of Tennis and the equipment information

**3.** To provide students with technical information about Tennis

**4.** Demonstrating the forehand shot technique

**5.** Demonstrating the backhand shot technique

**6.** Demonstrating the service technique

**7.** Teaching students to play Tennis by the rules

**Textbooks:**

KERMEN, Osman(2002) Tenis Teknik ve Taktikleri. Ankara: Nobel Yayın Dağıtım

[www.egitim.com](http://www.egitim.com) (internet)

[www.tenis.com](http://www.tenis.com) (internet)

Türkiye ve Dünyada Tenis(Türkiye Tenis Federasyonu Dergisi)

**Course Requirements:**

Midterm Exam %20
Attendance %20

Final Exam %60 (Application Exam)

 **Class Schedule:**

**1. Week:** History of Development of Tennis branch and information about equipments

**2. Week:** Tennis Game Rules( Single and Double Competitions)

**3. Week:** Handling racket and basic standing techniques

**4. Week:** Theory of Forehand shooting technique and practices on forehand

**5. Week:** Theory of Backhand shooting technique and practices on backhand

**6. Week:** Forehand and Backhand shooting drill practices

**7. Week:** Theory of Forehand Volley shooting technique and practices on forehand volley

**8. Week:** Theory of Backhand Volley shooting technique and practices on backhand volley

**9. Week:** Midterm

**10. Week:** Theory of smash shooting technique and practices on smash

**11. Week:** Theory of service shooting technique and practices on service

**12. Week:** Training on all the shooting types

**13. Week:** Referee information

**14. Week:** Information about Tennis Organizations

**Student Responsibilities:**

All semester, Fundamentals of Basketball Tecnique will be educated by theory and applications. Regular attendance is necessary fort he course. A midterm, final exam and attendance will be effective fort he total grade.

**Midterm exam date :**  xx/xx/xx

**Fınal exam date** **:**  xx/xx/xx